



TEXAS FOOTBALL EXPERIENCE (TFE)

Important Information Sheet

REGISTER ONLINE AT WWW.THEQUARTERBACKRANCH.COM

Registration opens January 1st 2017 and will close June 1st (Space is limited)

TFE IS POWERED BY THE QUARTERBACK RANCH

2017 TFE Camp Dates:

- August 4th – 14th (Dallas, TX & Houston, TX)
 - October 6th – 16th (Dallas, TX)
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WHAT TO EXPECT

- 15+ training sessions (10+ field workouts & 5+ film study)
- 10 days in football country. TEXAS.
- 3 Texas football games: High School, College* & NFL* (October camp only)
- 3 Texas football stadium tours: LD Bell High School, College*, Dallas Cowboys Stadium (August camp only)
- 2 TFE ceremony dinners (opening & closing)
- 1 Texas shopping mall trip
- 1 Quarterback Ranch Skills Camp in Houston, TX (August camp only)
- Breakfast, Lunch, and Dinner provided (Snacks not included)
- Free camp gear
- Awards ceremony

*College games and tours depend on season and school schedule

**NFL games depend on season schedule

TFE DOCUMENTARY WAIVER/RELEASE FORM

- TFE and its participants will be filmed through the entire camp, please sign waiver/release form upon arrival.

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WHAT TO PACK

- **1 medium size suitcase**
- **1 small gym bag (backpack or a day bag)**
- **1 travel outfit**
 - **Light, loose, comfortable**
 - **Use for travel days and during relaxation periods**
- **2-3 casual outfits for dinner, mall, games, tours, ect.**
 - **August is still hot during the day and warm at night**
 - **October is still warm during the day and cool at night**
 - **4-5 pairs of underwear & 4 pairs of socks**
 - **2-3 casual shirts/button-ups/long sleeves (warm weather)**
 - **1-2 casual pants**
 - **1-2 casual shorts**
- **3-4 workout outfits**
 - **4 pairs of training tights or leggings and 4 pairs of socks**
 - **3-4 training shirts/dry-fit/long sleeves (warm weather)**
 - **3-4 training shorts or pants**
- **1 pair of workout shoes (flats)**
- **1 pair of football cleats**
- **1 pair of comfortable travel shoes**

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TFE HOMEAWAY

- All participants will stay together in a Home-Away that is adequate to fit total number of TFE participants.
 - Not all participants will have their own room. Some rooms will sleep 2 while other rooms will sleep 4.
 - Chaperones will be present during the entire TFE experience.
 - Chaperones include all Quarterback Ranch Coaching staff.
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ALLERGY NOTIFICATION

- All participants with food or substance allergies must provide that information upon registration.